Wednesday, December 4-Saturday, December 7, 2019
The Jean K. Freeman Aquatic Center at the University of Minnesota

HOST
University of Minnesota Recreation and Wellness

OBVSERVATION
A sanctioned USA Swimming official will observe this meet and times will be entered into the SWIMS database at the end of the competition.

FORMAT
This meet will be conducted in SCY. All individual events except the 1650 Freestyle will be conducted on a Preliminaries and Finals basis. The top 32 swimmers from preliminaries will advance to finals. Eight swimmers each will qualify for an A, B, C, and D heat in the Finals. In the Finals, the D heat will swim first, followed by the C then B, then A heats. Only the top 16 swimmers will score. Teams are allowed to enter two relays per event, with all relays being conducted during the finals sessions. Teams unable to attend the Wednesday evening relay session will be allowed to time trial the 200 Medley and 800 Free relays at the conclusion of prelims on Friday.

Diving prelims and semifinals will be conducted during afternoon sessions Thursday-Saturday with men & women diving concurrently. Finals will be conducted in the evening and will run concurrently with the swimming events.

SEEDING
A meet file will be sent to all teams in mid-November for entries. Events shall be seeded in order of equivalent SCY, non-conforming SCY, LCM, non-conforming LCM.

SCHEDULE
Prelims: 10:00 am  Diving: 12:00 (approx.)  Finals: 6:00 pm
Pool will open at 12:00pm on Wednesday, December 4th for general warm ups. Teams who wish to have pool time on Tuesday, or any time prior to noon on Wednesday should contact the meet director to schedule time. Pool will open at 7:00am all subsequent mornings of competition and will close approximately ½ hour after the conclusion of finals each day. No wake-up swims will be offered. The competition pool will close at the conclusion of prelims to allow the divers to compete; teams may continue to use the West pool during diving competition for cool down.

DISTANCE EVENTS
The 1650 freestyle events will swim as Timed Finals, with the fastest heat of each event in the finals session; all other heats will swim slowest to fastest, alternating women and men on Saturday afternoon, start time TBD based on entries.
RULES

Unless otherwise noted herein, this meet shall be conducted in accordance with current NCAA rules and regulations. Please note that use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is strictly prohibited.

The referee will appoint a pre-meet committee, consisting of three coaches from three different institutions. This committee will discuss the use of video review and any other policy concerns there may be prior to the start of the event. A Meet Committee consisting of at least one official, one coach, and one athlete will be appointed by the Meet Referee to review conflicts arising from administrative matters.

DIVING

The diving events will be conducted under NCAA rules and regulations but will be an “open event”. Divers participating that are not currently on an NCAA team roster need to request to participate by Nov. 25th. Open event spots are first come, first serve up to 40 divers total. These open event divers will be exhibition.

The top 8 NCAA eligible divers will compete in finals. Any exhibition divers scoring in the top 8 during prelims will also compete in finals in a non-scoring capacity.

SCORING

Individuals in the B-Final will be scored as follows: 9-7-6-5-4-3-2-1. Individuals in the A-Finals will be scored as follows: 20-17-16-15-14-13-12-11. Individuals in the 1650 will be scored as followed: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relays will be scored as follows: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.

SCRATCHES

Scratches for Thursday’s events are due to the Meet Manager by 6:30pm Wednesday. These scratches can be made via email at lmckee@umn.edu or in person on deck. All subsequent day’s events scratches are due 30 minutes after the start of the previous evening’s finals and should be placed in the scratch box located in the Meet Management office.

SCRATCH PENALTY

There is no penalty for failing to compete in a preliminary or timed final heat. A swimmer qualifying for a final heat who fails to compete shall be barred from the remainder of the meet, unless excused by the Meet Referee.

TIME TRIALS

Time Trials may be conducted at the discretion of the Meet Referee. Athletes may need to provide their own lane timer and/or lap counter for time trial events. Please see separate meet information for the Long Course Time Trial to be conducted on Sunday, December 8.

SAFETY

Lifeguards will be in place during warm-up and competition periods and USA Swimming safety rules will be in effect. A warm-up schedule will be posted in the venue. It is the responsibility of the swimmer or of the swimmer’s legal guardian to ensure compliance USA Swimming safety procedures.

HOTELS

Please contact the meet director for hotel information.

EVENT PERSONNEL

Meet Director Kaiti Goff kgoff@umn.edu 612-626-3944
Meet Manager Linda McKee lmckee@umn.edu 612-624-6349
BROADCAST
Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator’s personal non-commercial use, and may not be broadcast, published, disseminated, or used for any commercial purposes without the prior written consent of the University of Minnesota, the NCAA, Minnesota Swimming, Inc. and USA Swimming.

ABOUT THE FACILITY
The venue address is Jean K. Freeman Aquatic Center, 1910 University Ave SE, Minneapolis, MN 55455. The competition pool consists of an 8-lane, 25 yard X 25 meter indoor pool ranging in depth from 7’ to 7’10”. Lanes are eight feet wide. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. A separate nine-lane 25y warm-up pool will be available.

DIRECTIONS TO POOL
Head southwest on Glumack Dr
Continue onto Airport Ser Rd (0.4 mi)
AIRPORT Continue onto Glumack Dr (0.1 mi) Slight left to stay on Glumack Dr (0.3 mil) Keep left at the fork and merge onto MN-5 E (66 ft.)
Take the MN-55 W/MN-55 E exit toward Minneapolis Fort Snelling/Hastings (0.8 mi) Keep left at the fork, follow signs for MN-55 W and merge onto MN-55 W (0.4 mi)
Exit onto MN-55 W/Hiawatha Ave (0.7 mi) Keep right at the fork, follow signs for I-35W N and merge onto I-35W N (5.7 mi) Take exit 18 for University Ave toward 4th St SE/County Rd 36 (1.1 mi)
Turn right onto University Ave SE - Destination will be on the right (0.2 mi)

Metro Transit has light rail service from the Minneapolis/St. Paul International Airport to the University! From the airport, you will board the Blue Line train towards downtown Minneapolis. When you reach the “US Bank Stadium” station, you will transfer to the Green Line train towards Downtown St. Paul. Exit the Green Line at the "East Bank" station and you are just two blocks from the Aquatic Center. For more information on planning your trip to or from the airport to campus via light rail, please visit metrotransit.org.

MEDICAL ASSISTANCE
Certified Athletic trainers and lifeguards will be on duty at all times during warm up and competition. Anyone in need of medical assistance should go to the training office immediately. Lifeguards will be the first responders for any emergencies in the water.

CONCESSIONS
Full concessions will be available for the duration of the meet.

LOST & FOUND
“Wet” lost and found items will be located on the pool deck near the lifeguard office. Anything of greater value such as cameras, cell phones, etc. will be taken to the Meet Management office located on the pool deck. Information and general directions can be obtained at the Volunteer Check-in desk in the lobby.

PARKING
General parking will be available in the University Ave. Ramp and the Washington Ave. Ramp. Hourly rates start at $3.00 per hour with event rates ranging from $8 to $12 per entry. There is a charge for each entry. General parking is also available in Lot 37 off 5th St. SE and the Maroon Lot on Oak St. SE. Rates for these lots are $5.00 per entry. Prices are subject to change and rates may vary based on specific lots and other events on campus. For the most up-to-date parking information and maps, please visit the University of Minnesota Parking and Transportation website: www1.umn.edu/pts/

WIRELESS INTERNET
Wireless internet will be available to the public. Please choose the "UMGuest" server and enter your email address to be connected. Heat sheets and event results will be available on Meet Mobile.

TICKETS
Single-session admission including a Heat Sheet: $10.00
Students with ID: $5
Pre-Sale All-Session Pass, including Heat Sheet for each session: $30.00
All-Session Pass, including Heat Sheet for each session: $40.00

RECREATION & WELLNESS
University of Minnesota
# EVENT ORDER

*Women’s events will swim first, men’s events second*

Prelims begin at 10:00am, Finals begin at 6:00pm
Diving begins approximately 12:00pm

<table>
<thead>
<tr>
<th>Day 1: Wednesday, December 4 (6:00pm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>200 Medley Relay</td>
</tr>
<tr>
<td>800 Freestyle Relay</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day 2: Thursday, December 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>500 Freestyle</td>
</tr>
<tr>
<td>200 IM</td>
</tr>
<tr>
<td>50 Freestyle</td>
</tr>
<tr>
<td>400 Medley Relay</td>
</tr>
<tr>
<td>Women’s 1-Meter Diving</td>
</tr>
<tr>
<td>Men’s 3-Meter Diving</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day 3: Friday, December 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>400 IM</td>
</tr>
<tr>
<td>100 Butterfly</td>
</tr>
<tr>
<td>200 Freestyle</td>
</tr>
<tr>
<td>100 Breaststroke</td>
</tr>
<tr>
<td>100 Backstroke</td>
</tr>
<tr>
<td>200 Free Relay</td>
</tr>
<tr>
<td>Women’s 3-Meter Diving</td>
</tr>
<tr>
<td>Men’s 1-Meter Diving</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day 4: Saturday, December 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>1650 Freestyle*</td>
</tr>
<tr>
<td>200 Backstroke</td>
</tr>
<tr>
<td>100 Freestyle</td>
</tr>
<tr>
<td>200 Breaststroke</td>
</tr>
<tr>
<td>200 Butterfly</td>
</tr>
<tr>
<td>400 Free Relay</td>
</tr>
<tr>
<td>Men’s &amp; Women’s Platform Diving</td>
</tr>
</tbody>
</table>

*All but the top heat of the Women’s and Men’s 1650 Freestyles will be swum Slowest to Fastest, alternating Women/Men in the afternoon prior to finals on Saturday. Top heat of each men’s and women’s 1650 will be swum in event order during finals.*

---

**RECREATION & WELLNESS**

**University of Minnesota**